

Chapter-3

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Influence of Father Bonding and Childhood Trauma on the Quality of Life of Emerging Adults

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Abstract

This study examined the influence of father bonding and childhood trauma on the quality of life (QoL) of emerging adults. It was hypothesized that there would be a significant interaction between father bonding and childhood trauma on the QoL of emerging adults. Participants of the study consisted of 200 adults aged between 18 and 25 from the Kozhikode and Malappuram districts of Kerala. The Parental Bonding Instrument, Childhood Trauma Questionnaire and QoL Questionnaire were used to collect information from the participants. Two-way ANOVA (4x4) was carried out to test the hypotheses. Results revealed that emotional abuse and emotional neglect significantly influence the QoL. Those participants who reported no emotional abuse and emotional neglect reported greater QoL when compared to participants subjected to severe or moderate levels of emotional abuse and emotional neglect. Father bonding also showed a significant influence on QoL. Those participants who had an affectionate father reported greater QoL. We also tried to explore the interaction effect among the variables of our study and the results revealed no significant interaction effect among the variables.

Keywords: childhood trauma, father bonding, quality of life
